

DRIBBLING

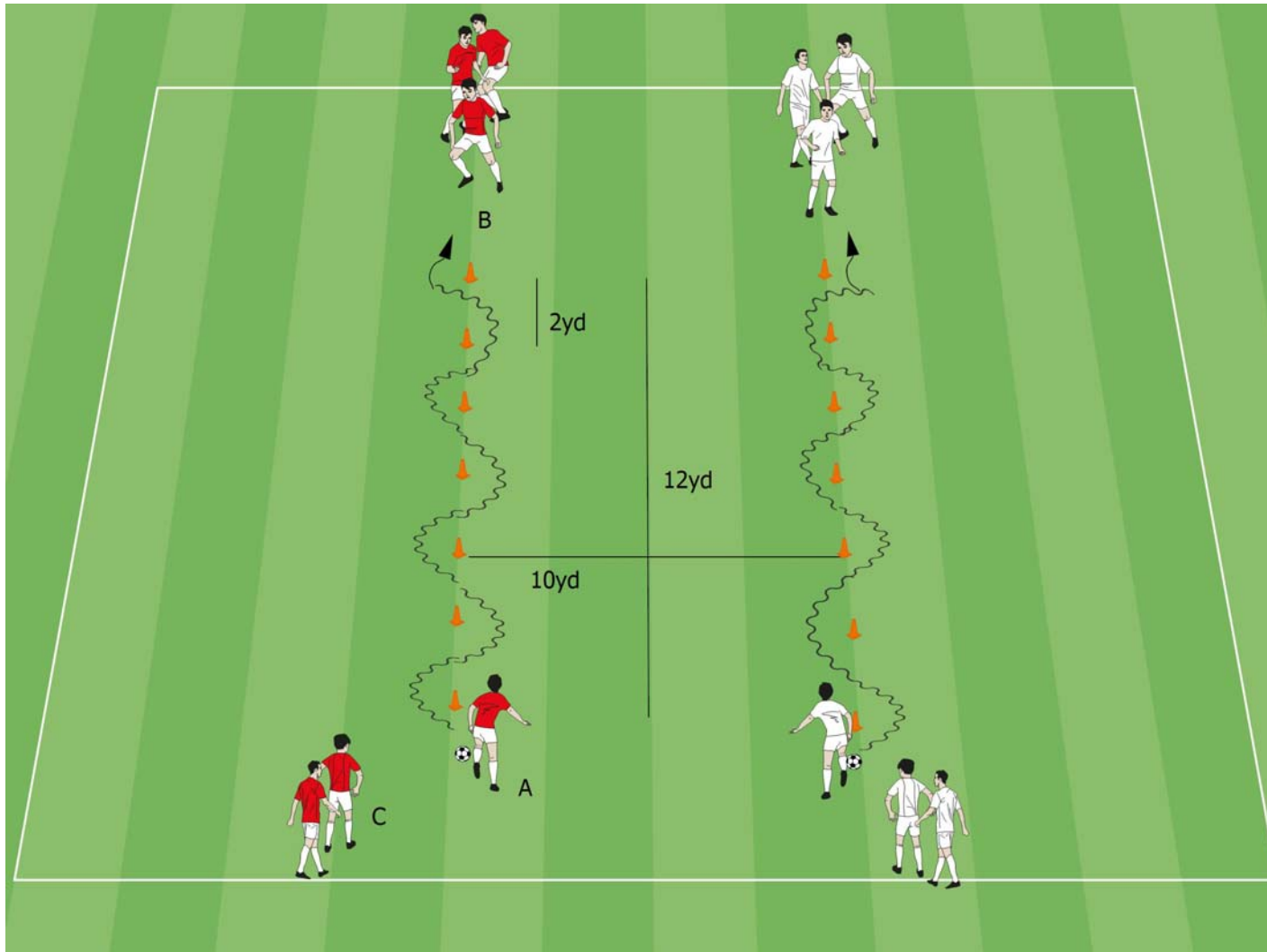
**HOW? WHEN?
WHERE?**

How to dribble correctly?

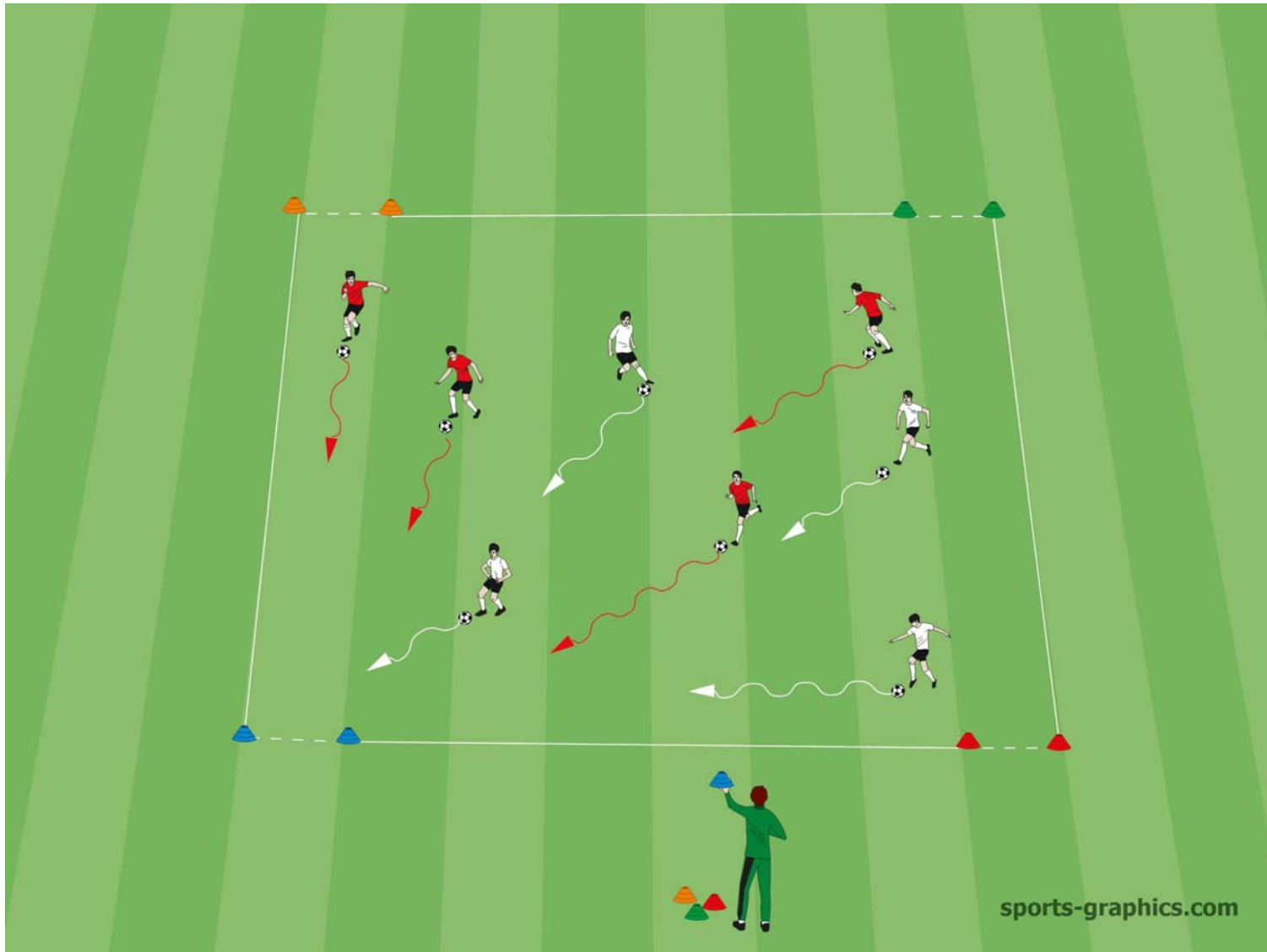


- **Improve tight ball control**
- **Keep head up**
- **Improve speed dribbling**

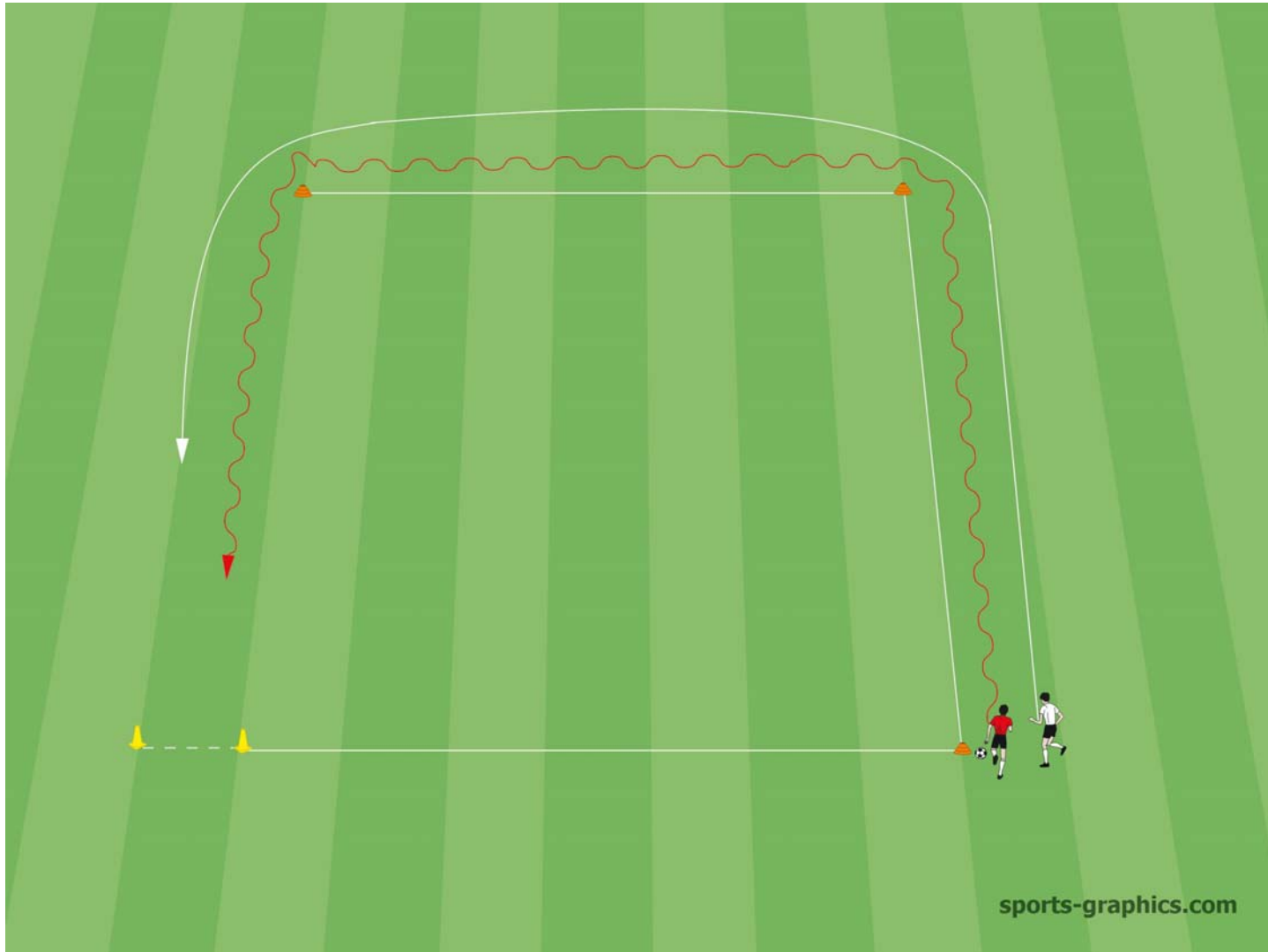
Improve tight ball control



Keep head up



Improve speed dribbling

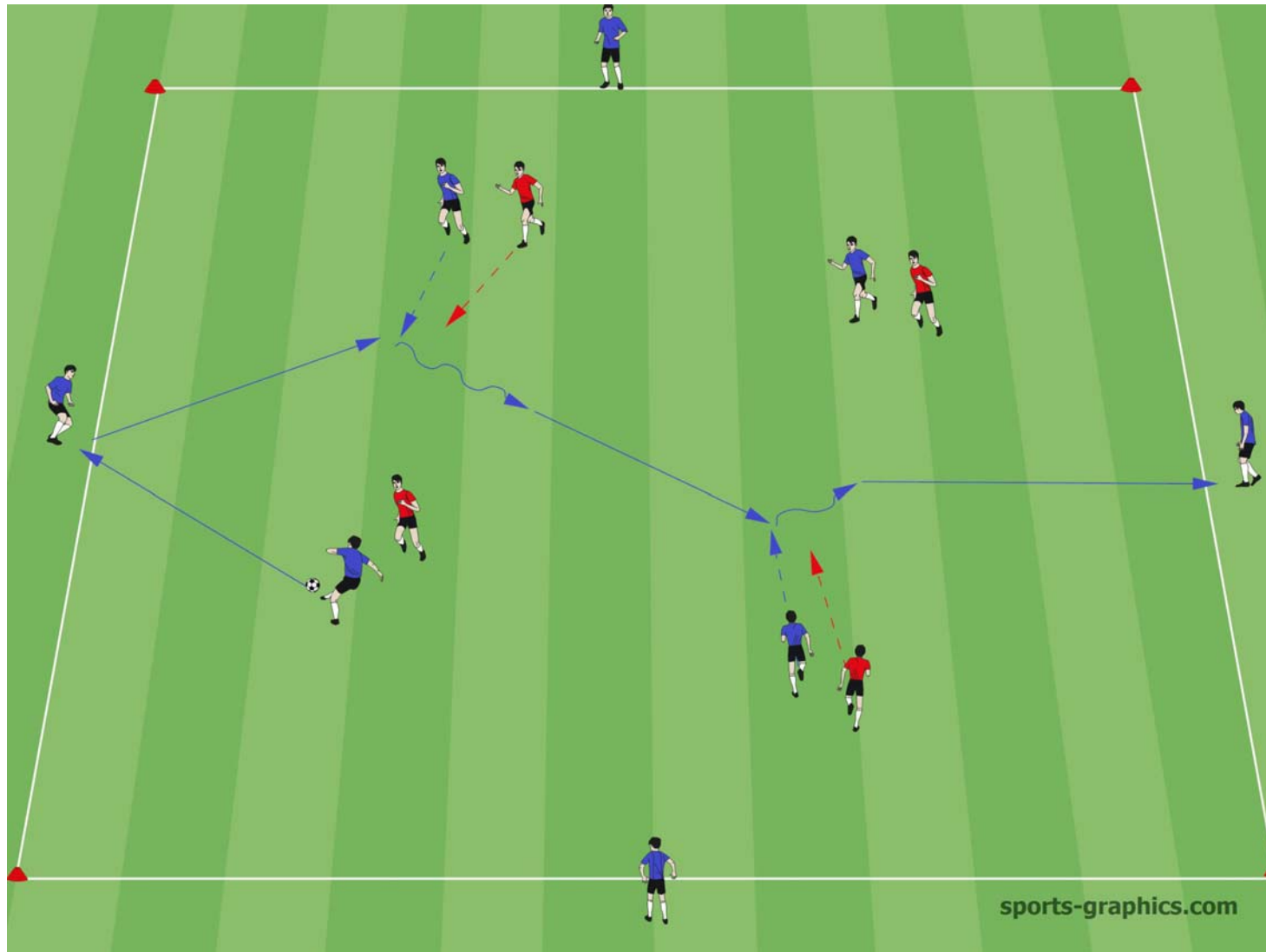


When to dribble?

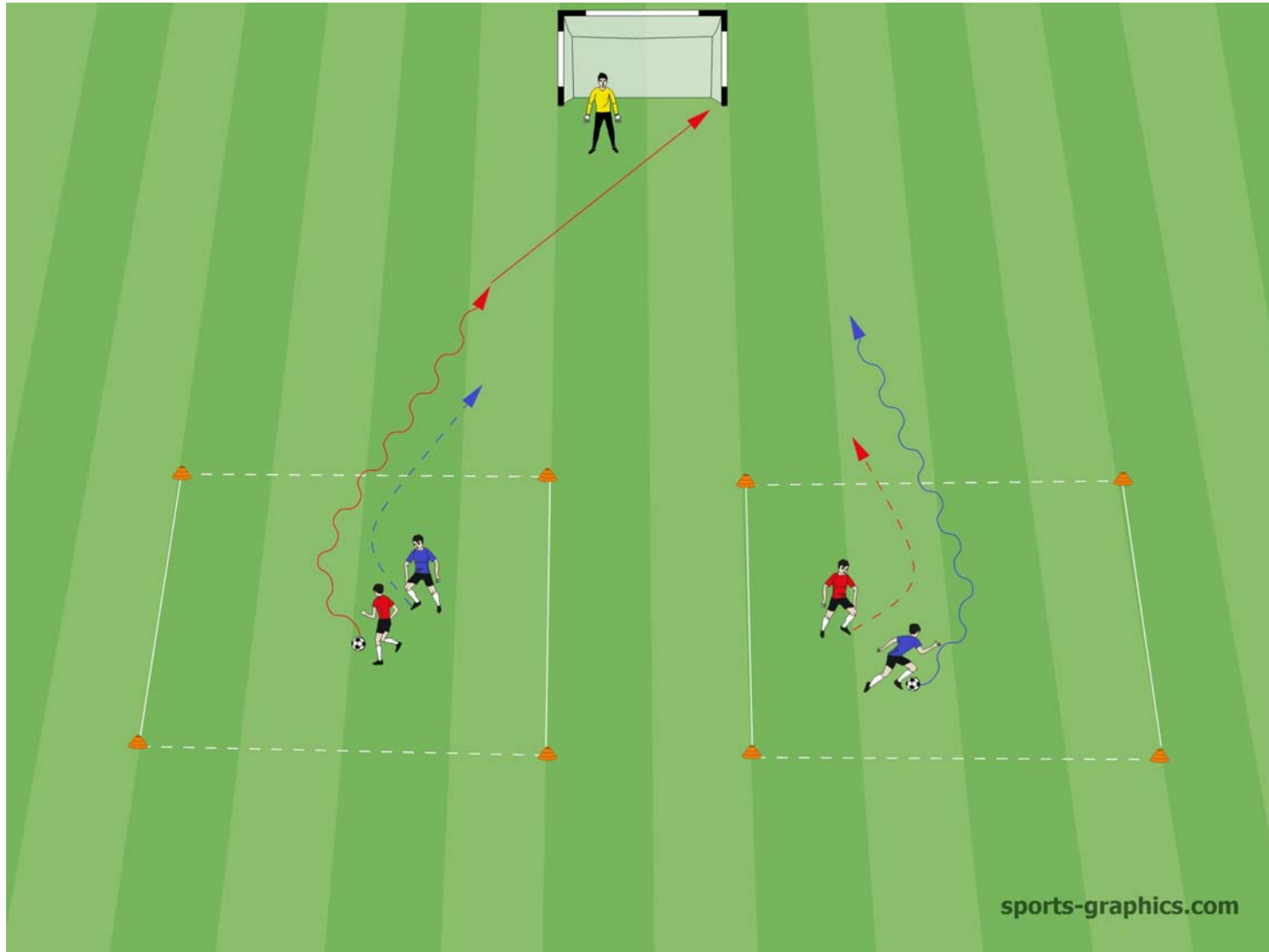


- **Dribble to maintain possession**
- **Getting behind the defense / penetrate**
- **Cover ground / closing space**

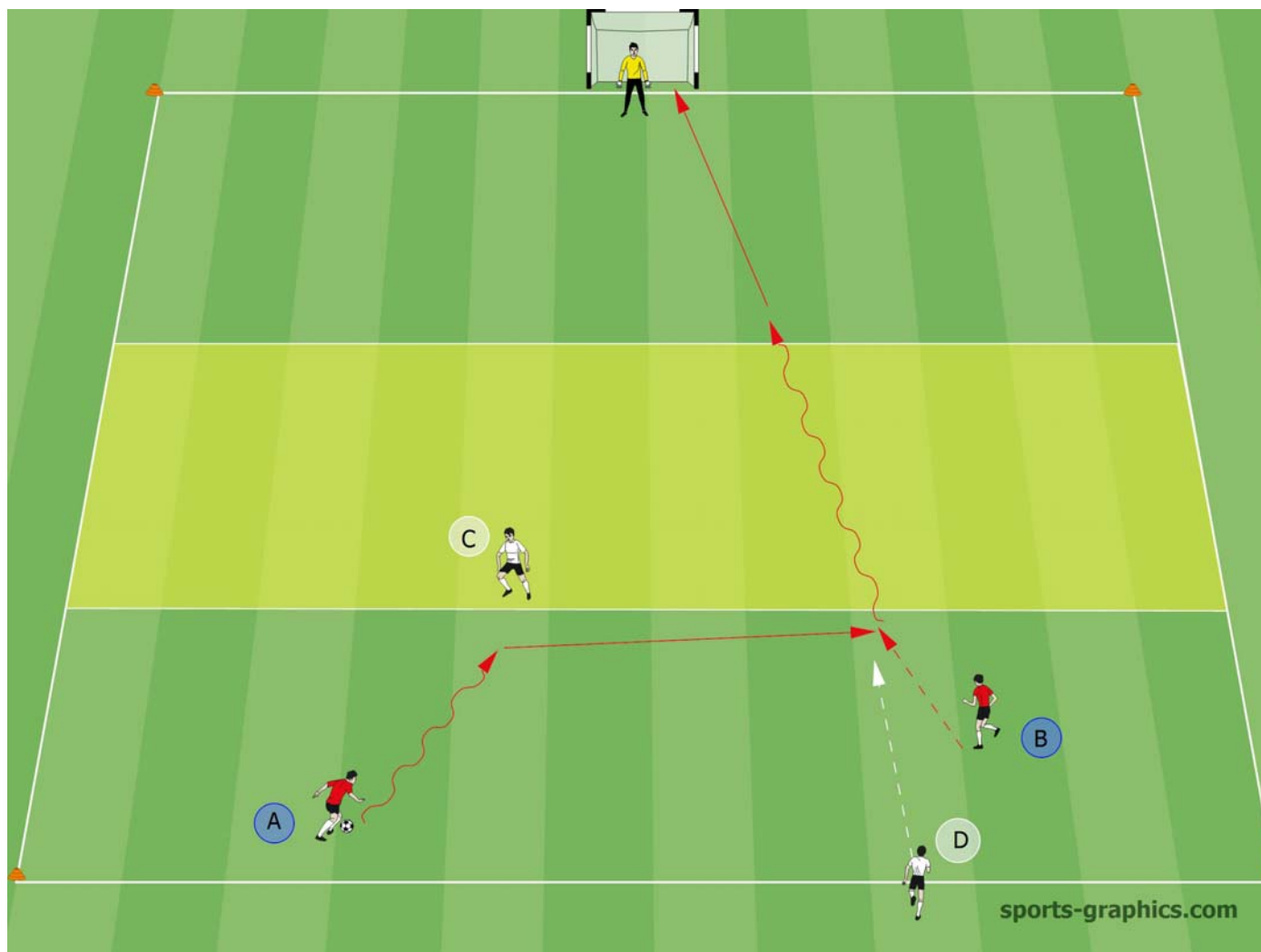
Maintain possession



Getting behind opponent



Covering ground / closing space

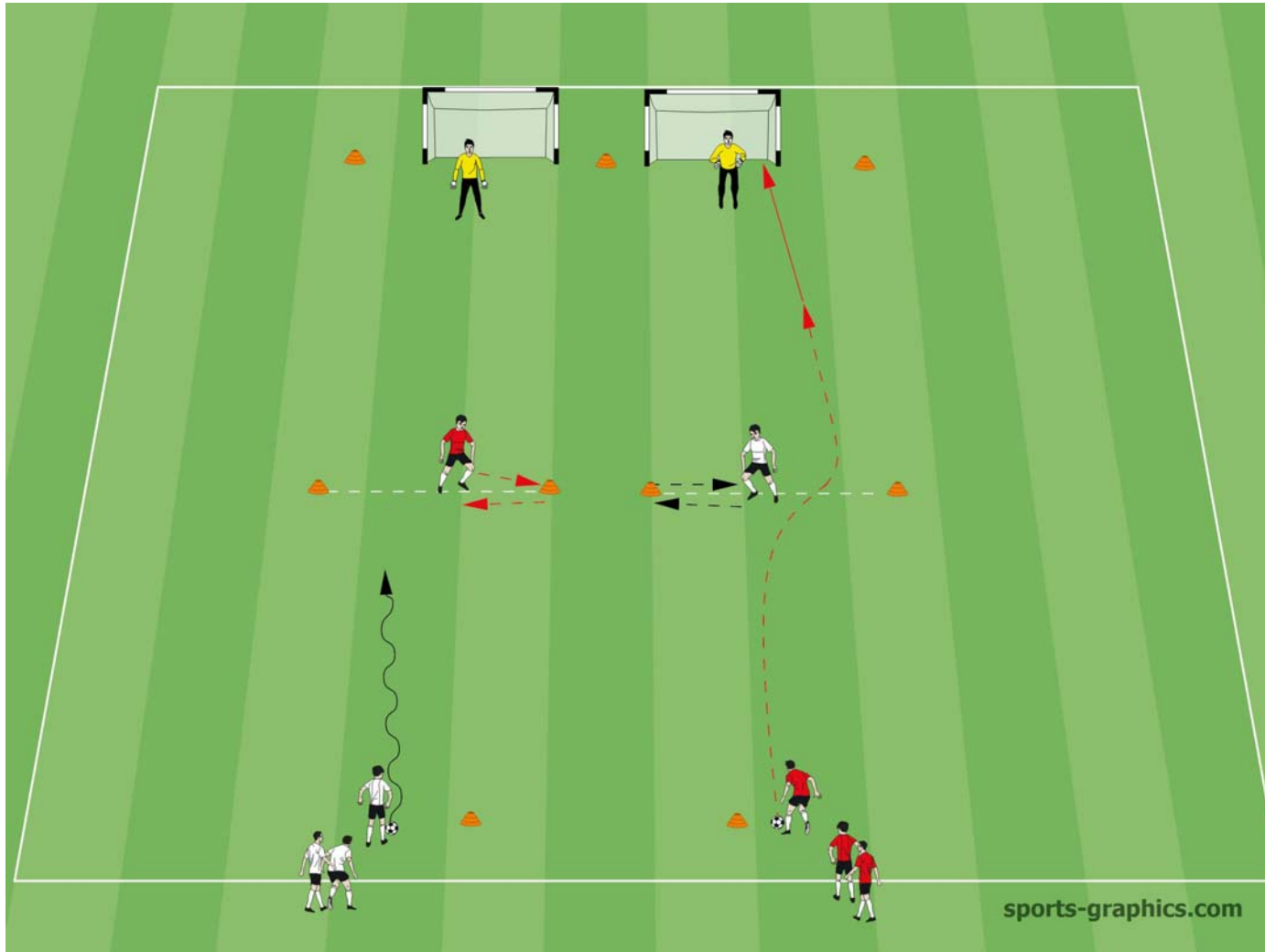


Where to dribble?



- **Not in front of your own goal**
- **In the attacking half**

Exercise including finishing



Game to goals

